SUPREP BOWEL PREP INSTRUCTIONS

PHYSICIAN REMINDERS:

1. On the day before your procedure, **ONLY** consume clear liquids, such as:
   - Water
   - Clear broth
   - Apple juice
   - White cranberry juice
   - White grape juice
   - Ginger ale
   - Plain gelatin
   - Frozen juice bars

2. On the day before your procedure, **DO NOT** drink any of the following:
   - NO Red/Purple liquids
   - NO Liquids you can’t see through
   - NO Alcoholic beverages

3. Stay hydrated.

4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.

5. **DO NOT** eat or drink anything after midnight.

DAY-BEFORE INSTRUCTIONS:

Prior to your procedure, purchase your SUPREP Bowel Prep Kit from your local pharmacy.

**Step 1** — On the day before your procedure:

**DATE:** _______ **START:** _______ PM

- Pour ONE 6-ounce bottle of SUPREP liquid into the mixing cup.
- Add water to the 16 oz line on the cup and mix.
- Drink **ALL** of the liquid in the mixing cup.
- Drink **two** 16 oz cups of water over the next hour.

**Step 2** — On the day before your procedure:

**DATE:** _______ **START:** _______ PM

- Pour ONE 6-ounce bottle of SUPREP liquid into the mixing cup.
- Add water to the 16 oz line on the cup and mix.
- Drink **ALL** of the liquid in the mixing cup.
- Drink two 16 oz cups of water over the next hour.

IMPORTANT

Do not eat or drink anything after midnight. Failure to do so may result in the need to reschedule your procedure.

Doctor: ___________________________ Date of Colonoscopy: _________ Arrival Time: _______ PM

Location:  
☐ SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
☐ SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
☐ Other: __________________________________________________________