Small Bowel Capsule Endoscopy Prep

On the day prior to the exam:

- After lunch at 12:00, begin drinking only clear liquids until 7:00 PM.
- Do not drink anything after 7:00 PM.

On the day of the exam:

- Do not take any medications prior to coming into the office.
- Instructions will be given by the nurse.

Physician Instructions:

- You may drink water two hours after the procedure.
- Four hours after swallowing the capsule, a light snack may be eaten.
- Do not exercise. Avoid heavy lifting.
- You may walk, sit, lie down, drive a car, and return to work.
- Avoid going near MRI machines and radio transmitters.
- Computers, radios, stereos, and cell phones may be used.
- Do not stand next to a patient undergoing a capsule endoscopy.
- Do not touch the recorders or antenna array leads.
- The belt may be loosened to allow yourself to use the bathroom, but do not remove the belt.

Return to the office on ___________________ at ________________ AM for the equipment to be disconnected and removed.

For Patients with Implanted Defibrillators OR Small Bowel Obstructions:

UNAPPROVED USE: This procedure has NOT been approved for patients with implanted defibrillators.

CONTRAINDICATIONS: This procedure is NOT recommended for patients with small bowel obstructions.