

DULCOLAX & MAGNESIUM CITRATE DAY-BEFORE PREP INSTRUCTIONS

Doctor: _____ Date of Colonoscopy: _____ Arrival Time: _____ AM
PM

Location: SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
 Other: _____

PHYSICIAN REMINDERS:

- On the **DAY BEFORE** your procedure, **ONLY** consume clear liquids, such as:
 - Water
 - Clear broth
 - Apple juice
 - White cranberry juice
 - White grape juice
 - Ginger ale
 - Plain gelatin
 - Frozen juice bars
- On the day before your procedure, **DO NOT** drink any of the following:
 - NO red/purple liquids
 - NO liquids you can't see through
 - NO alcoholic beverages
- Stay hydrated
- Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.
- IMPORTANT. DO NOT eat or drink anything after midnight.**

DAY-BEFORE INSTRUCTIONS:

Prior to your procedure, purchase a box of Dulcolax tablets and two 10 oz bottles of Magnesium Citrate from your local pharmacy.

The day before your procedure, complete all steps below:

Step 1: Take two (5mg) **Dulcolax** tablets at:

12:30pm -OR- 3:30pm

Step 2: Drink one 10oz bottle of **Magnesium Citrate** at:

1:00pm -OR- 4:00pm

Step 3: Take two (5mg) **Dulcolax** tablets at:

4:30pm -OR- 7:30pm

Step 4: Drink one 10oz bottle of **Magnesium Citrate** at:

5:00pm -OR- 8:00pm

OVER THE COUNTER



IMPORTANT

Do not eat or drink anything after midnight.

Failure to do so may result in the need to reschedule your procedure.