

TRILYTE (GAVILYTE) & DULCOLAX DAY-BEFORE PREP INSTRUCTIONS

Doctor: _____ Date of Colonoscopy: _____ Arrival Time: _____ AM
PM

Location: SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
 Other: _____

PHYSICIAN REMINDERS:

1. On the **DAY BEFORE** your procedure, **ONLY** consume clear liquids, such as:
 - Water
 - Clear broth
 - Apple juice
 - White cranberry juice
 - White grape juice
 - Ginger ale
 - Plain gelatin
 - Frozen juice bars
2. On the day before your procedure, **DO NOT** drink any of the following:
 - NO red/purple liquids
 - NO liquids you can't see through
 - NO alcoholic beverages
3. Stay hydrated
4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.
5. **IMPORTANT. DO NOT eat or drink anything after midnight.**

DAY-BEFORE INSTRUCTIONS:

Check with your pharmacy prior to your procedure to purchase Trilyte (Gavilyte) and Dulcolax tablets.

Trilyte (Gavilyte) is a prescription.
Dulcolax is over-the-counter.

On the day before your procedure, complete all steps below.

Step 1: Take two (5mg) Dulcolax tablets at 12:00 noon with water. **DO NOT** crush or chew.

NOTE: Do not take Dulcolax within one hour of taking an antacid.

Step 2: Mix Trilyte solution, recap and shake to dissolve the powder, and refrigerate.

(Note: If you are taking Trilyte Lemon-Lime, simply open the bottle. If you are taking Trilyte with flavor packs, open a flavor pack and add it to the Trilyte bottle.)

Add drinking water to the top line on the Trilyte bottle, recap and shake to mix. The reconstituted solution will be clear and colorless. Use within 48 hours. No additional ingredients should be added to this solution.

Step 3: At 5:00 pm, drink one 8 oz glass of solution every 10-15 minutes. Drink each glass quickly instead of taking many sips.

TRILYTE & DULCOLAX



IMPORTANT

Do not eat or drink anything after midnight.

Failure to do so may result in the need to reschedule your procedure.