

CLENPIQ DAY-BEFORE PREP INSTRUCTIONS

Doctor: _____ Date of Colonoscopy: _____ Arrival Time: _____ AM
PM

Location: SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
 Other: _____

PHYSICIAN REMINDERS:

1. On the day before your procedure, **ONLY** consume clear liquids, such as:

- Water
- Clear broth
- Apple juice
- White cranberry juice
- White grape juice
- Ginger ale
- Plain gelatin
- Frozen juice bars

2. On the day before your procedure, **DO NOT** drink any of the following:

- NO Red/Purple liquids
- NO Liquids you can't see through
- NO Alcoholic beverages

3. Stay hydrated.

4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.

5. IMPORTANT. DO NOT eat or drink anything after midnight.

DAY-BEFORE INSTRUCTIONS:

Dose 1 — at the following time in the afternoon on the day before your colonoscopy:

DATE: _____ START: **4:00 PM**

- Drink the entire **FIRST** bottle of CLENPIQ right from the bottle.
- Drink five 8 ounce cups (cup provided) of clear liquids over the next 4 hours. Check off below as consumed.



- After taking CLENPIQ, if you have any bloating or feeling like your stomach is upset, wait to take your second dose until your stomach feels better.

Dose 2 — at the following time in the evening on the day before your colonoscopy:

DATE: _____ START: **8:00 PM**

- Drink the entire **SECOND** bottle of CLENPIQ right from the bottle.
- Drink three 8-ounce cups (cup provided) of clear liquids over the next 3 hours. Check off as consumed.



IMPORTANT

Do not eat or drink anything after midnight. Failure to do so may result in the need to reschedule your procedure.