

PLENVU DAY-BEFORE PREP INSTRUCTIONS

Doctor: _____ Date of Colonoscopy: _____ Arrival Time: _____ AM
PM

Location: SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
 Other: _____

PHYSICIAN REMINDERS:

1. On the day before your procedure, **ONLY** consume clear liquids, such as:

- Water
- Clear broth
- Apple juice
- White cranberry juice
- White grape juice
- Ginger ale
- Plain gelatin
- Frozen juice bars

2. On the day before your procedure, **DO NOT** drink any of the following:

- NO Red/Purple liquids
- NO Liquids you can't see through
- NO Alcoholic beverages

3. Stay hydrated.

4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.

5. IMPORTANT. DO NOT eat or drink anything after midnight.

DAY-BEFORE INSTRUCTIONS:



Dose 1 ••••••••••••••••

DATE: _____ START: **4:00 PM**

Mix and Take Dose 1 of PLENVU

Step 1. Use the mixing container to mix the content of Dose 1 Pouch with at least 16 ounces of water by shaking or using a spoon until it's completely dissolved. This may take up to 2 or 3 minutes. **TAKE YOUR TIME — SLOWLY** finish the dose **WITHIN 30 MINUTES**.

Step 2: Refill the container with at least 16 ounces of clear liquid. Again, **TAKE YOUR TIME — SLOWLY** finish the dose **WITHIN 30 MINUTES**.

Dose 2: ••••••••••••••••

DATE: _____ START: **8:00 PM**

Mix and Take Dose 2 of PLENVU

Step 1. Use the mixing container to mix the content of **Dose 2 Pouch A and Pouch B** with at least 16 ounces of water by shaking or using a spoon until it's completely dissolved. This may take up to 2 or 3 minutes. **TAKE YOUR TIME — SLOWLY** finish the dose **WITHIN 30 MINUTES**.

Step 2: Refill the container with at least 16 ounces of clear liquid. Again, **TAKE YOUR TIME — SLOWLY** finish the dose **WITHIN 30 MINUTES**.

HELPFUL TIP:

PLENVU can be refrigerated if used within 6 hours after it has been mixed with water.

PLENVU



IMPORTANT

Do not eat or drink anything after midnight. Failure to do so may result in the need to reschedule your procedure.