

SUPREP BOWEL PREP INSTRUCTIONS

Doctor: _____ Date of Colonoscopy: _____ Arrival Time: _____ AM
PM

Location: SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
 Other: _____

PHYSICIAN REMINDERS:

1. On the day before your procedure, **ONLY** consume clear liquids, such as:

- Water
- Clear broth
- Apple juice
- White cranberry juice
- White grape juice
- Ginger ale
- Plain gelatin
- Frozen juice bars

2. On the day before your procedure, **DO NOT** drink any of the following:

- NO Red/Purple liquids
- NO Liquids you can't see through
- NO Alcoholic beverages

3. Stay hydrated.

4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.

5. DO NOT eat or drink anything after midnight.

DAY-BEFORE INSTRUCTIONS:

Prior to your procedure, purchase your **SUPREP Bowel Prep Kit** from your local pharmacy.

Step 1 — On the day before your procedure:

DATE: _____ **START:** 3:00 PM

- Pour ONE 6-ounce bottle of SUPREP liquid into the mixing cup.
- Add water to the 16 oz line on the cup and mix.
- Drink ALL of the liquid in the mixing cup.
- Drink two 16 oz cups of water over the next hour.

Step 2 — On the day before your procedure:

DATE: _____ **START:** 8:00 PM

- Pour ONE 6-ounce bottle of SUPREP liquid into the mixing cup.
- Add water to the 16 oz line on the cup and mix.
- Drink ALL of the liquid in the mixing cup.
- Drink two 16 oz cups of water over the next hour.

SUPREP[®] BOWEL PREP KIT



IMPORTANT

Do not eat or drink anything after midnight. Failure to do so may result in the need to reschedule your procedure.