

**You MUST have a driver.  
Your driver MUST remain on the property and in  
the car the entire time.**

## SUTAB BOWEL PREP INSTRUCTIONS

Doctor: \_\_\_\_\_ Date of Colonoscopy: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ AM  
PM

Location:  SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169  
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203  
 Other: \_\_\_\_\_

### PHYSICIAN REMINDERS:

1. On the day before your procedure, **ONLY** consume clear liquids, such as:

- Water
- Clear broth
- Apple juice
- White cranberry juice
- White grape juice
- Ginger ale
- Plain gelatin
- Frozen juice bars

2. On the day before your procedure, **DO NOT** drink any of the following:

- NO Red/Purple liquids
- NO Liquids you can't see through
- NO Alcoholic beverages

3. Stay hydrated.

4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.

**5. DO NOT eat or drink anything after midnight.**

### DAY-BEFORE INSTRUCTIONS:

Prior to your procedure, purchase your **SUTAB** Bowel Prep Kit from your local pharmacy.

**Step 1** — On the day before your procedure:

**DATE:** \_\_\_\_\_ **START: 3:00 PM**

- Open 1<sup>st</sup> bottle of 12 tablets. Fill provided container with 16 oz of water (up to fill line). Swallow each tablet with a sip of water and drink the entire amount over 20 minutes.
- 1 hour after last tablet swallowed, fill the container again with 16 oz of water (up to fill line) and drink entire amount over 30 minutes.
- 30 minutes after finishing second container, fill the container again with 16 oz of water (up to fill line) and drink entire amount over 30 minutes.

**Step 2** — On the day before your procedure:

**DATE:** \_\_\_\_\_ **START: 8:00 PM**

- Open 2<sup>nd</sup> bottle of 12 tablets. Fill provided container with 16 oz of water (up to fill line). Swallow each tablet with a sip of water and drink the entire amount over 20 minutes.
- 1 hour after last tablet swallowed, fill the container again with 16 oz of water (up to fill line) and drink entire amount over 30 minutes.
- 30 minutes after finishing second container, fill the container again with 16 oz of water (up to fill line) and drink entire amount over 30 minutes.

### SUTAB PREP KIT



### IMPORTANT

**Do not eat or drink anything after midnight. Failure to do so may result in the need to reschedule your procedure.**