

SUFLAVE DAY-BEFORE PREP INSTRUCTIONS

Doctor: _____ Date of Colonoscopy: _____ Arrival Time: _____ AM
PM

Location: SC Endoscopy Center WC, 131 Summerplace Drive, West Columbia, SC 29169
 SC Endoscopy Center NE, 11 Gateway Corners Park, Columbia, SC 29203
 Other: _____

PHYSICIAN REMINDERS:

1. On the **DAY BEFORE** your procedure, **ONLY** consume clear liquids, such as:
 - Water
 - Clear broth
 - Apple juice
 - White cranberry juice
 - White grape juice
 - Ginger ale
 - Plain gelatin
 - Frozen juice bars
2. On the day before your procedure, **DO NOT** drink any of the following:
 - NO red/purple liquids
 - NO liquids you can't see through
 - NO alcoholic beverages
3. Stay hydrated
4. Apply a dab of petroleum jelly around anus before and after each bowel movement for added ease and comfort.
5. **IMPORTANT. DO NOT eat or drink anything after midnight.**

DAY-BEFORE INSTRUCTIONS:

On the **DAY BEFORE** your procedure:

DOSE 1 – 4:00 PM

1. Open 1 flavor enhancing packet and pour the contents into 1 bottle.
2. Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For best taste, refrigerate the solution for one hour before drinking. **DO NOT FREEZE.** Use within 24 hours.
3. Drink 8 ounces of solution every 15 minutes until the bottle is empty.

DOSE 2 – 8:00 PM

Repeat steps 1-3 above.

Drink an additional 16 ounces of water during the evening.

If nausea, bloating or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.

PRESCRIPTION



IMPORTANT

Do not eat or drink anything after midnight.

Failure to do so may result in the need to reschedule your procedure.